

Waldorf Martial Arts

IMPORTANT ANNOUNCEMENT; PLEASE READ!

April 10, 2020

Dear Parents, Guardians, Students,

It's really great to see everyone participating in our online classes during this time of necessary social distancing! We really miss being able to physically get out and go to the school, to teach classes, and to visit face-to-face with everyone. That being said, it's wonderful that we live in a time where our technology allows us to still train and, more importantly, simply see and visit with each other.

Things seem to be working fairly well with regard to our online classes except for Forms practice. Every belt color has their own Form and Black Belt Levels (1st, 2nd, 3rd ... 9th Degree) each have 3 Forms! So, as you can imagine, it is virtually impossible for us to teach and/or practice *each* Form during an online class in which multiple ranks are participating. Because of the importance we place on Forms practice, we are going to try to incorporate a practice session for each belt color's Form.

We have adjusted our online class schedule to include Forms practice sessions **beginning Monday, April 13th**. Below is an updated schedule with forms practice sessions *for each colored belt*. With the addition of these sessions, *the times for your class may have changed slightly*. Be sure to check the class times for your rank and the day and time for your belt color's Form session.

Also, we will be starting 20-30 minute private *special help* sessions, by appointment only, exclusively for Form/1-Steps. These can be scheduled earlier in the afternoon, before regular classes start. To book a private special help session, e-mail your request to waldorf martial arts@gmail.com **a week in advance** and we will get back to you with a choice of class times from which you may choose one.


In closing, we'd like to know your opinion on how the online classes are going for you/your student? Are you/your student enjoying them? Do you/your student have any ideas or suggestions? E-mail us at waldorf martial arts@gmail.com .

The new Schedule is attached below. Please contact us by email with any questions about this and we will get back to you. Include a good phone number in the email so if we need to, we can call to talk.

Be Safe

Pray for the World,

Mr. & Ms. Cavanaugh

 WALDORF MARTIAL ARTS	ONLINE CLASS SCHEDULE EFFECTIVE MONDAY, APRIL 13, 2020	ZOOM MEETING URL	MEETING ID
MONDAY			
5:00 PM – 5:30 PM	LIL DRAGONS ADVANCED	https://us04web.zoom.us/j/612838582	612 838 582
5:40 PM – 6:25 PM	BLUE, BLUE/PURPLE & PURPLE BELT	https://us04web.zoom.us/j/599395248	599 395 248
6:25 PM – 6:45 PM	BLUE FORM PRACTICE	↓	
6:45 PM – 7:05 PM	BLUE/PURPLE FORM PRACTICE		
7:15 PM – 8:00 PM	BROWN, RED, RED/BLACK, & BLACK BELT	https://us04web.zoom.us/j/322286788	322 286 788
8:00 PM – 8:30 PM	1 ST DEGREE BLACK BELT FORMS PRACTICE	↓	
8:30 PM – 9:00 PM	2 ND DEGREE BLACK BELT FORMS PRACTICE		
TUESDAY			
5:00 PM – 5:30 PM	LIL DRAGONS BEGINNER	https://us04web.zoom.us/j/835612384	835 612 384
5:40 PM – 6:10 PM	WHITE BELTS	https://us04web.zoom.us/j/233719399	233 719 399
6:20 PM – 7:10 PM	WHITE/ORANGE & ORANGE BELT	https://us04web.zoom.us/j/305310542	305 310 542
7:20 PM – 8:05 PM	YELLOW & GREEN BELT	https://us04web.zoom.us/j/336864167	336 864 167
8:15 PM – 9:00 PM	ADULT/TEEN-- ALL RANKS	https://us04web.zoom.us/j/680601384	680 601 384
WEDNESDAY			
5:00 PM – 5:30 PM	LIL DRAGONS ADVANCED	https://us04web.zoom.us/j/612838582	612 838 582
5:40 PM – 6:25 PM	BROWN, RED, RED/BLACK, & BLACK BELT	https://us04web.zoom.us/j/431241898	431 241 898
6:25 PM – 6:45 PM	BROWN BELT FORM PRACTICE	↓	
6:45 PM – 7:05 PM	RED & RED/BLACK BELT FORM PRACTICE		
7:15 PM – 8:00 PM	ELITE TEAM WEAPONS CLASS	https://us04web.zoom.us/j/261949297	261 949 297
8:00 PM – 8:30 PM	ADVANCED ELITE TEAM WEAPONS CLASS	↓	
THURSDAY			
5:00 PM – 5:30 PM	LIL DRAGONS BEGINNER	https://us04web.zoom.us/j/835612384	835 612 384
5:40 PM – 6:25 PM	WHITE, WHITE/ORANGE, ORANGE, & YELLOW BELT	https://us04web.zoom.us/j/354161099	354 161 099
6:25 PM – 6:45 PM	YELLOW BELT FORM PRACTICE	↓	
6:55 PM – 7:40 PM	GREEN, BLUE, BLUE/PURPLE, & PURPLE BELT		
7:40 PM – 8:00 PM	GREEN BELT FORM PRACTICE	↓	
8:00 PM – 8:20 PM	PURPLE BELT FORM PRACTICE		
8:30 PM – 9:15 PM	ADULT/TEEN-- ALL RANKS	https://us04web.zoom.us/j/411590601	411 590 601
FRIDAY			
5:00 PM – 5:45 PM	ALL BELT RANKS	https://us04web.zoom.us/j/305884701	305 884 701
5:50 PM – 6:20 PM	ELITE TEAM- FORMS	https://us04web.zoom.us/j/568188608	568 188 608
6:20 PM – 6:50 PM	ELITE TEAM- WEAPONS	↓	
6:50 PM – 7:30 PM	ADVANCED ELITE TEAM WEAPONS		
SATURDAY			
9:00 AM – 9:30 AM	LIL' DRAGONS BEGINNER & ADVANCED	https://us04web.zoom.us/j/689322504	689 322 504
9:35 AM – 10:05 AM	WHITE, WHITE/ ORANGE & ORANGE	https://us04web.zoom.us/j/991998362	991 998 362
10:10 AM – 10:25 AM	WHITE/ORANGE BELT FORM PRACTICE	↓	
10:25 AM – 10:40 AM	ORANGE BELT FORM PRACTICE		
10:45 AM – 11:30 PM	YELLOW & GREEN BELTS	https://us04web.zoom.us/j/569114124	569 114 124
11:35 AM – 12:20 PM	BLUE, BLUE/PURPLE, PURPLE, & BROWN BELT	https://us04web.zoom.us/j/188954129	188 954 129
12:25 PM – 1:10 PM	RED, RED/BLACK, & BLACK BELT	https://us04web.zoom.us/j/514395781	514 395 781
1:10 PM – 1:40 PM	3 RD & HIGHER DEGREE BLACK BELT FORMS PRACTICE	↓	

