



Moms Train Free this Month!

This month we're honoring all moms at our school with a **FREE** month of training. You work hard taking care of your family's needs and deserve some quality time for yourself. We want to say "thanks" for all that moms do. Simply give us a call to take advantage of this special offer and get started on the road to fitness, fun, and feeling great! Call now to schedule your first class.

WHAT IS YOUR CHILD GOING TO BE DOING THIS SUMMER?
 Is this the only exercise your child will get this summer? Your child will get plenty of exercise and entertainment while having an enjoyable, educational experience.

HERE'S AN IDEA!

SPORT AND KARATE SUMMER CAMP




HAPPY BIRTHDAY! MAY BABIES!

- Ryan Davis
- Taylor Thomas
- Kaiden Butler
- Zoi Pompey
- Adam Bouali
- Kash Morman
- Jesiah Bailey
- Cassidy Hammiel
- Victoria Cavanaugh
- Gaby Perez
- Evelyn Mino
- Lucas Curtis
- Ava Campbell



WALDORF MARTIAL ARTS CALENDAR OF EVENTS MAY 2026

2770 OLD WASHINGTON RD., WALDORF, MD, 20601

301-645-1650

WWW.WALDORFMARTIALARTS.COM



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dragons: Black-Coordination					1	2
3 Dragons: Orange-Teamwork	4 Black Belt Test Cycle Begins	5	6	7 Charles County Schools 2 Hour Early Dismissal	8	9 Black Belt Mandatory Class #1 at 2 pm
10 Dragons: Yellow-Focus	11	12	13	14	15	16 Board Breaking Practice for Green Belts and up.
17 Dragons: Green-Control	18 Charles County Schools 2 Hour Early Dismissal	19	20	21	22 WMA CLOSED for Memorial Day Holiday! After School Karate Pick-up will be open but classes are cancelled.	23 WMA CLOSED for Memorial Day Holiday!
24 Dragons: Blue-Balance	25 Memorial Day School Closed No After School Karate 	26 Stripe Testing White/Orange & Orange Belts And Brown Belts and up And All Teen/Adult Ranks	27 Stripe Testing White Belts, And Orange & Yellow Belts, And Green Belts and up NO Point Sparring tonight	28 Elite Team Padded Weapons Sparring Day	29 Make up Stripe test at 5:30 pm Tournament Point Sparring	30 Monthly Belt Test 2:00 pm for Green Belts to Red Belts
31 Dragons: Purple- Memory						

**SPECIAL STRIPE/
BELT TESTING DAYS
DUE TO
MEMORIAL DAY
HOLIDAY.**